

## CLINICAL SKILLS ASSESSMENT

### URINARY CATHETERISATION

Demonstrates the ability to effectively and safely catheterise a person's urinary bladder and remove an indwelling catheter.

Performance criteria (Numbers indicate NMBA Registered Nurse Standards for Practice)	1 (Dependant)	2 (Marginal)	3 (Assisted)	4 (Supervised)	5 (Independent)
1. Identifies indication and verifies order (1.1, 1.4, 3.3, 3.4, 6.2, 6.5)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Verifies the validity of the written medication order (1.4, 3.4, 6.2, 6.5)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Evidence of therapeutic interaction with the person, e.g., gives the person a clear explanation of the procedure (1.4, 1.5, 2.1, 2.2, 3.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Demonstrates clinical reasoning abilities, e.g., provides privacy and warmth, raises the bed, positions the person, obtains assistance if needed (1.1, 1.2, 1.3, 3.2, 4.2, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Gathers equipment (1.1, 5.5, 6.1): <ul style="list-style-type: none"> <li>• catheter</li> <li>• 10 to 30 mL syringe and sterile water</li> <li>• lubricant</li> <li>• collection bag and tubing</li> <li>• specimen container</li> <li>• portable light source</li> <li>• tray wrapped in a sterile wrapper</li> <li>• clean gloves and sterile gloves</li> <li>• forceps</li> <li>• waterproof pad</li> <li>• drapes and bath blanket</li> <li>• plastic bag</li> <li>• gauze squares and solution</li> <li>• small basin</li> <li>• tape or leg bands</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Performs hand hygiene (1.1, 3.4, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Exposes and washes the perineal area (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Adjusts the light (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Establishes critical aseptic field, dons sterile gloves, prepares equipment (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Cleanses the urinary meatus (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Inserts the urinary catheter (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Obtains a sterile urine specimen (1.2, 5.1, 5.27.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Inflates the balloon if the catheter is indwelling (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Attaches and secures the drainage collection bag (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Secures the catheter (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Attends to post-procedure care (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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17. Removes the indwelling catheter; is able to relate steps if the balloon does not deflate [1.1, 6.1]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Cleans, replaces and disposes of equipment appropriately [3.6, 6.1]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Documents relevant information [1.4, 1.6, 2.2, 2.7, 3.5, 3.7, 6.2, 6.5, 7.3]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Demonstrates the ability to link theory to practice [1.1, 3.3, 3.4, 3.5]	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Nursing - clinical  
psychomotor skills  
Attended clinical skill session  
completed procedure with  
supervision

Student: JERICO RENANCIO

Clinical facilitator: [Signature]

Date: 29/7/2022