

CLINICAL SKILLS ASSESSMENT

HAND HYGIENE

Demonstrates the ability to effectively reduce the risk of infection by performing social hand wash or hand rub.

Performance criteria <small>(Numbers indicate NMBA Registered Nurse Standards for Practice)</small>	1 <small>(Dependant)</small>	2 <small>(Marginal)</small>	3 <small>(Assisted)</small>	4 <small>(Supervised)</small>	5 <small>(Independent)</small>
1. Identifies the indication (1.1, 1.4, 3.5)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Identifies Hand Hygiene Australia's five moments for hand hygiene (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Undertakes hand preparation (1.1, 6.2), e.g., skin intact, no rashes, cuts or abrasions; no acrylic/artificial nails; natural nails are clean and manicured	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Gathers equipment (1.1, 6.2): <ul style="list-style-type: none"> warm running water soap or an antimicrobial solution a convenient dispenser (preferably non-hand-operated) disposable paper towels 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5a. Turns on and adjusts water flow (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5b. Wets hands, applies enough appropriate soap to cover all surfaces of hands (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5c. Cleans under fingernails (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5d. Thoroughly washes hands by rubbing hands together vigorously, distributing solution over palms, back of hands, between fingers and wrists (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5e. Rinses hands thoroughly under running water, allowing water to drip from fingertips (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5f. Dries fingers, hands and forearms (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5g. Turns off the water without contaminating hands (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6a. Applies appropriate amount of solution into cupped hands ensuring all hand surfaces covered (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6b. Rolls hands distributing solution over palms, back of hands, between fingers and wrists (1.1, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Rubs hands together until all surfaces are dry (1.1, 6.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Demonstrates ability to incorporate theory into clinical practice (1.1, 1.2, 6.2)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**UNE
SIMULATED
SKILL
ASSESSMENT.**

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